



COVID-19 GUIDANCE FOR COACHES RETURNING TO TRAINING 12-17-years

- Teams must be registered to ensure insurance provision is in place.
- COVID Co-ordinator appointed for age group, to tie-in with Club COVID Co-ordinator (Jamie Chapman).
- Maintain an accurate register, including contact details; kept for EVERY session. This register should be kept by both the COVID Co-ordinator and the session lead coach.
- Coaches to stay 2m from players and other coaches.
- Maximum 13 players and 2 coaches per 1/4 of pitch during any session.
- All activity must be non-contact.
- Players must adhere to physical distancing on the pitch. Encourage social distancing during water breaks and leaving training.
- Groups to exit and clear the area before the next group can come on.
- Parents / Carers should not attend training unless they have specific requirement that mean they must be present.
- Sanitise at the end of the session and take all your belongings.
- Coaches should only handle their own equipment.
- Goals and touch points should be sanitised before and after each session.
- Watch for 'pinch points' at gates as players enter and exit
- Set-up a 'Players Zone' where they can place their own water bottle/hand sanitiser
- Players should be eased back to training. Therefore, training will be delivered 1x per week with a maximum duration of 60 minute (aligned with current governing body guidance).

For more information contact Jamie Chapman info@dunbarcolts.com